

MIAC News

Minnesota Intercollegiate Athletic Conference

MIAC Announces Fall 2006 Academic All-Conference

January 25, 2007

St. Paul, Minn. — The Minnesota Intercollegiate Athletic Conference (MIAC) announced its Fall 2006 Academic All-Conference honorees today. The MIAC recognized 292 student-athletes who represented the conference's thirteen institutions. Student-athletes must be a sophomore, junior, or senior with a minimum cumulative GPA of 3.5 on a 4.0 scale to qualify for MIAC Academic All-Conference recognition. Athletically, student-athletes in football, soccer, and volleyball must compete in 50% of their team's varsity regular season contests. Golfers must be a member of their competing team at the conference championship and cross country runners must finish in the top 35 of the conference championship or compete at the regional meet.

MIAC Fall 2006 Academic All-Conference

Men's Cross Country (22)

Augsburg - Micah Lenthe, Sr., Fergus Falls, Minn.
Bethel - Carl Gladitsch, So., Bloomer, Wis.
Bethel - Noel Stringham, Sr., Lincoln, Neb.
Bethel - Josh Tschetter, Sr., Harrisburg, S.D.
Carleton - Andrew Jahn, Jr., Wayzata, Minn.
Carleton - Quentin Kennedy, Jr., Chariton, Iowa
Carleton - Eamon Monaghan, Jr., Wilmette, Ill.
Carleton - John Nowinski, Jr., Black River Falls, Wis.
Gustavus - Kyle Carlson, Jr., Ottertail, Minn.
Gustavus - Chris deLaubenfels, Jr., Mount Vernon, Iowa
Gustavus - John Leaf, So., Center City, Minn.
Gustavus - Alex Zupan, Sr., Monona, Wis.
Hamline - Brandon Gleason, Jr., Mantorville, Minn.
Hamline - Tony Klappa, Sr., Hopkins, Minn.
Macalester - Kyle Braam, Jr., Burnsville, Minn.
Saint John's - Chris Erichsen, Jr., Spring Valley, Minn.
Saint John's - Zach Hunter, So., Billings, Mont.
Saint John's - Mitch VanBruggen, Jr., Buffalo, Minn.
St. Olaf - David Swanson, Jr., Eden Prairie, Minn.
St. Olaf - Andrew Petz, Sr., Rochester, Minn.
St. Thomas - Rorak Hooten, So., Sioux Falls, S.D.
St. Thomas - Scott Smith, So., Crystal, Minn.

Men's Golf (9)

Augsburg - Erik Helgersen, Sr., Chisago City, Minn.
Augsburg - Andrew Johnson, Sr., New Hope, Minn.
Concordia - Jonathan Northard, Jr., Grand Rapids, Minn.
Concordia - Ryan Walsh, So., Atwater, Minn.
Gustavus - Erik Tone, Sr., Wilmar, Minn.
Macalester - Tony Pratt, Sr., Hayward, Wis.
Saint John's - Joe Daly, So., Owatonna, Minn.
Saint John's - Andrew Longbella, Sr., Chippewa Falls, Wis.
St. Olaf - Bob Hunter, Jr., West St. Paul, Minn.
St. Thomas - Chris Jensen, Sr., Litchfield, Minn.

Women's Cross Country (41)

Augsburg - Sadie Dietrich, So., Luverne, Minn.
Augsburg - Andrea Schuster, Jr., Burlington, Minn.
Augsburg - Ashley Stoffers, Jr., Elk River, Minn.
Bethel - Heather Jelen, Jr., Sioux Falls, S.D.
Bethel - Nikki Umhoefer, Jr., Sauk Centre, Minn.
Carleton - Karen Campbell, So., Rochester, N.Y.
Carleton - Nora McIver-Sheridan, Sr., Lake Forest, Ill.
Carleton - Katherine Meyer, So., St. Paul, Minn.
Concordia - Rachel Charpentier, Sr., Scandia, Minn.
Concordia - Rachel Dwyer, Sr., Bismarck, N.D.
Concordia - Meagan Hansen, Jr., Minot, N.D.
Concordia - Erica Lundgren, Sr., Crosby, Minn.
Concordia - Ali Parsons, Jr., Baxter, Minn.
Gustavus - Sarah Bernhardson, Jr., Eden Prairie, Minn.
Gustavus - Heidi Bulfer, Sr., Fairmont, Minn.
Gustavus - Laura Edlund, Jr., Forest Lake, Minn.
Gustavus - Maari Hanson, Jr., Little Falls, Minn.
Gustavus - Hailey Harren, Sr., Cold Spring, Minn.
Gustavus - Sarah Willis, Jr., New London, Minn.
Hamline - Melissa Francis, Sr., Windom, Minn.
Hamline - Lacey Schrupp, Sr., Becker, Minn.
Macalester - Elizabeth Nelson, Jr., Rapid City, S.D.
Macalester - Callie PaStarr, Sr., Minneapolis, Minn.
Macalester - Kim Wortmann, Jr., Lincoln, Neb.
Saint Benedict - Aileen Galatowitsch, Sr., Vadnais Heights, Minn.
Saint Benedict - Kaylee Rasmussen, Jr., Waconia, Minn.
St. Catherine - Kristie Bronson, So., Princeton, Minn.
St. Catherine - Nikki Burg, Sr., Hokah, Minn.
St. Catherine - Emily Deetz, Sr., Duluth, Minn.
St. Catherine - Susan Hallquist, So., Coon Rapids, Minn.
St. Catherine - Tiffany Scherber, Sr., Champlin Park, Minn.
Saint Mary's - Tera Bollig, Sr., Cambridge, Minn.
Saint Mary's - Kim Koecheler, Jr., St. Paul, Minn.
Saint Mary's - Sarah Zweber, Jr., Elko, Minn.
St. Olaf - Jenna Carlson, So., Edina, Minn.
St. Olaf - Jennie Hedberg, Jr., Eden Prairie, Minn.
St. Olaf - Jacqueline Kelly, Jr., St. Paul, Minn.
St. Olaf - Brittney Schwager, Sr., Rochester, Minn.
St. Thomas - Kalsey Larson, Jr., Savage, Minn.
St. Thomas - Jenny Olin, Sr., Mounds View, Minn.
St. Thomas - Katie Theisen, So., Elko, Minn.



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Football (62)

Augsburg - Kyle Danner, Sr., Ramsey, Minn.
 Augsburg - Keith Hagen, Sr., Northfield, Minn.
 Augsburg - Alan Mueller, Jr., Savage, Minn.
 Augsburg - Jason Weber, Jr., New Prague, Minn.
 Bethel - Jared Bangs, Jr., Fergus Falls, Minn.
 Bethel - Aaron Bernstetter, So., St. Joseph, Minn.
 Bethel - Brad Dahlman, Jr., Coon Rapids, Minn.
 Bethel - Dan Einerson, Jr., Alexandria, Minn.
 Bethel - Robbie Ellis, Sr., Mahtomedi, Minn.
 Bethel - Mike Ervin, So, Bloomington, Minn.
 Bethel - Mark Gaalswyk, Sr., East Gull Lake, Minn.
 Bethel - Luke Hansen, Sr., Fergus Falls, Minn.
 Bethel - Kyle Lee, So., Burnsville, Minn.
 Bethel - Phil Porta, Sr., Cambridge, Minn.
 Bethel - Nate Porter, Sr., Woodbury, Minn.
 Bethel - David Schueler, Jr., Echo, Minn.
 Bethel - Nate Voronyak, So., Plymouth, Minn.
 Bethel - Jamie Wagner, Sr., Nicollet, Minn.
 Carleton - Randy Foss, Sr., Hastings, Minn.
 Carleton - John Hanks, So., Leroy, Minn.
 Carleton - Andrew Roberts, Sr., Ft. Lauderdale, Fla.
 Carleton - Wade Thompson, Sr., Peterson, Minn.
 Concordia - Levi DeVries, So., Bejou, Minn.
 Concordia - Peter Lien, Sr., Duluth, Minn.
 Concordia - Jesse Nelson, So., Chanhassen, Minn.
 Concordia - Kris Peterson, Jr., Moorhead, Minn.
 Concordia - Adam Swingdorf, Jr., Inver Grove Hgts, Minn.
 Concordia - Grant Weller, Jr., Brooten, Minn.
 Gustavus - Ted Aleckson, So., Weston, Wis.
 Gustavus - Kevin Hegland, Sr., St Michael, Minn.
 Gustavus - Peter Keegan, So., Apple Valley, Minn.
 Gustavus - Jared Sieling, Jr., Watertown, Minn.
 Gustavus - Kerry Zajicek, Sr., Glencoe, Minn.
 Hamline - James Leary, So., Inver Grove Heights, Minn.
 Hamline - Ryan Rasmussen, Jr., Lakeville, Minn.
 Hamline - Tyler Schultz, Sr., Rollingstone, Minn.
 Hamline - Andrew Seymour, Jr., Sandstone, Minn.
 Saint John's - Adam Barvels, Sr., Lake Lillian, Minn.
 Saint John's - Kevin Boegel, Jr., Mahtomedi, Minn.
 Saint John's - Mike Burtzel, Sr., Cold Spring, Minn.
 Saint John's - Kevin Clarke, Jr., Lake Oswego, Ore.
 Saint John's - John Cloeter, Jr., Sauk Rapids, Minn.
 Saint John's - Alex Coughlin, So., La Crosse, Wis.
 Saint John's - Reid Craigmile, Sr., Alexandria, Minn.
 Saint John's - Steve LeVoor, Sr., Eden Prairie, Minn.
 Saint John's - Mike Patnode, Jr., Princeton, Minn.
 Saint John's - Jeff Schnobrich, So., New Ulm, Minn.
 Saint John's - Mike Schumacher, So., Arden Hills, Minn.
 Saint John's - James Shockman, Jr., Berlin, N.D.
 Saint John's - Jamie Steffensmeier, Sr., Mankato, Minn.
 St. Olaf - Chris Ryan, Sr., Grantsburg, Wis.
 St. Olaf - Paul Schwingler, So., Rochester, Minn.
 St. Thomas - Mike Hara, Sr., North Oaks, Minn.
 St. Thomas - Mikkel Haugen, So., Kenyon, Minn.
 St. Thomas - Ryan Jansen, Sr., Foley, Minn.

Football (continued)

St. Thomas - Jeff Jarvis, So., Maple Grove, Minn.
 St. Thomas - Tom Knowles, So., Hermantown, Minn.
 St. Thomas - Ian Lewis, Sr., Coon Rapids, Minn.
 St. Thomas - Nick Navarro, Sr., Faribault, Minn.
 St. Thomas - David Sauer, So., Cold Spring, Minn.
 St. Thomas - Pat Sommerstad, Jr., Apple Valley, Minn.
 St. Thomas - Adam Stein, Jr., St. Paul, Minn.

Volleyball (46)

Augsburg - Haley Bower, Jr., Brainerd, Minn.
 Augsburg - Kristina Lurken, Jr., Kenyon, Minn.
 Augsburg - Tina Quick, Jr., Blaine, Minn.
 Bethel - Amy Anderson, Jr., Alexandria, Minn.
 Bethel - Stephanie Brandt, So., Hartland, Wis.
 Bethel - Pamela Feltmann, Jr., Norwood-Young America, Minn.
 Bethel - Joslin Geisler, Jr., Grand Rapids, Minn.
 Bethel - Nicole Murphy, Jr., New Brighton, Minn.
 Bethel - Jennifer Stoa, So., Brooklyn Park, Minn.
 Carleton - Vanessa Brown, Sr., Lakeville, Minn.
 Carleton - Elizabeth Ritz, Jr., Madison, Wis.
 Carleton - Megan Ward, Jr., Rochester, N.Y.
 Concordia - Michelle Honek, Jr., Staples, Minn.
 Concordia - Anna Walden, Sr., Hawley, Minn.
 Gustavus - Rachelle Jakobs, Sr., Montevideo, Minn.
 Gustavus - Andrea Kron, Jr., Cold Spring, Minn.
 Hamline - Emily Amici, So., Whitewater, Wis.
 Hamline - Sara Burns, Jr., LeSueur, Minn.
 Hamline - Christina Cherland, Jr., New Brighton, Minn.
 Hamline - Shelby Hyllengren, Jr., Cannon Falls, Minn.
 Macalester - Kate Fahje, Jr., Waukesha, Wis.
 Macalester - Stephanie Nelson, Sr., St. Paul, Minn.
 Macalester - Marisa Raether, Jr., San Marino, Calif.
 Macalester - Suzy Szumowski, So., Northbrook, Ill.
 Macalester - Kari Tanaka, Jr., Bloomington, Minn.
 Saint Benedict - Teresa Knapper, Sr., Renville, Minn.
 Saint Benedict - Alicia Reif, Sr., St. Cloud, Minn.
 Saint Benedict - Laura Zwach, Sr., Walnut Grove, Minn.
 St. Catherine - Stefanie Engler, Jr., Shoreview, Minn.
 St. Catherine - Kayla Reed, So., Hartland, Minn.
 Saint Mary's - Carolyn Kiefer, So., New London, Wis.
 Saint Mary's - Kaylene Mrozinski, Sr., N St. Paul, Minn.
 Saint Mary's - Theresa Perrini, So., Fairway, Kan.
 Saint Mary's - Jessica Voight, Sr., Caledonia, Minn.
 Saint Mary's - Ashley Wendlandt, Jr., Litchfield, Minn.
 St. Olaf - Christine Brook, So., Centennial, Colo.
 St. Olaf - Andrea Otteman, Sr., Ames, Iowa
 St. Olaf - Audrey Volstad, Sr., Hanley Falls, Minn.
 St. Thomas - Molly Conway, So., Cedar Falls, Iowa
 St. Thomas - Rachelle Dosch, Sr., Anoka, Minn.
 St. Thomas - Katie Kremer, So., Cold Spring, Minn.
 St. Thomas - Jada Lewis, Sr., Minneapolis
 St. Thomas - Katie McCaffrey, So., Fort Collins, Colo.
 St. Thomas - Jenna Pont, So., Omaha, Neb.
 St. Thomas - Sarah Rainey, Sr., Stewartville, Minn.
 St. Thomas - Kristin Storrs, Jr., Blaine, Minn.



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Men's Soccer (40)

Augsburg - Andrew Connor, Jr., Becket, Mass.
 Augsburg - Nick Manders, Jr., De Pere, Wis.
 Bethel - Peter Halverson, Sr., Shoreview, Minn.
 Bethel - Jacob Haws, Sr., Fergus Falls, Minn.
 Bethel - Andrew Heiligenthal, Jr., Ames, Iowa
 Bethel - Jason Markley, Sr., Omaha, Neb.
 Bethel - Dan Slegh, Sr., Andover, Minn.
 Bethel - Matthew VanBenschoten, So., Minnetonka, Minn.
 Bethel - Abe Voyen, Sr., Shoreview, Minn.
 Carleton - Samuel Birnbaum, So., Bernardsville, N.J.
 Carleton - Jonathan Emery, Sr., Evansville, Wis.
 Carleton - Joseph Lindner, So., Hanover Park, Ill.
 Carleton - Marc Monbouquette, Jr., Omaha, Neb.
 Carleton - Robert Phillips, So., Vadnais Heights, Minn.
 Concordia - Kwaku Opoku, Jr., Takoradi, Ghana
 Gustavus - Jack Underwood, Jr., Fergus Falls, Minn.
 Hamline - Mike Buehler, So., Cumming, Iowa
 Hamline - Jacob Helling, Sr., Brookings, S.D.
 Hamline - Jeremy Wade, Sr., Oregon, Wis.
 Hamline - Jason Werthmann, So., Osceola, Wis.
 Macalester - Carson Gorecki, So., Mahtomedi, Minn.
 Macalester - Elliot Kinsey, Sr., Arusha, Tanzania
 Macalester - Magnus Oppenheimer, Sr., Stockholm, Sweden
 Macalester - Jeff Rogers, Sr., Carson City, Nev.
 Macalester - Grant Stegner, Jr., Edina, Minn.
 Macalester - Jeff Swick, So., Fond du lac, Wis.
 Saint John's - Cam Christensen, So., Bismarck, N.D.
 Saint John's - Jason Daly, So., Eden Prairie, Minn.
 Saint John's - Ben Passe, Jr., Oronoco, Minn.
 Saint Mary's - Terrence Coonan, Sr., Fort Wayne, Ind.
 St. Olaf - Robert Anderson, Jr., Oak Grove, Minn.
 St. Olaf - Kevin Friede, So., Edina, Minn.
 St. Olaf - Andrew Gastineau, Sr., Rochester, Minn.
 St. Olaf - Nathan Langholz, Jr., Decorah, Iowa
 St. Olaf - Brandon McCafferty, Jr., Great Falls, Mont.
 St. Olaf - Jacob Meyer, Jr., Madison, Wis.
 St. Olaf - Mark Zietlow, So., Rochester, Minn.
 St. Thomas - Taylor Lynch, So., Cedar Rapids, Iowa
 St. Thomas - Matt Michalik, Sr., Weston, Wis.
 St. Thomas - Eric Schmitt, Jr., Cedar Rapids, Iowa

Women's Golf (15)

Augsburg - Laura Henry, Sr., Hugo, Minn.
 Carleton - Sarah Ingebritsen, Jr., Spokane, Wash.
 Carleton - Sophie Snyder, Sr., St. Paul, Minn.
 Carleton - Cassandra Wells, Sr., Rochester, Minn.
 Concordia - Erin Douglass, Jr., Northfield, Minn.
 Gustavus - Kimbra Kosak, So., Grand Rapids, Minn.
 Gustavus - Breanne Staples, Sr., Windom, MN Minn.
 Macalester - Kylie Thomson, Sr., Seattle, Wash.
 Saint Benedict - Chelsea Petit, So., Wadena, Minn.
 Saint Benedict - Cynthia Swanlund, So., Bloomington, Minn.
 Saint Mary's - Val Meschke, So., Pequot Lakes, Minn.
 Saint Mary's - Katie O'Connor, Jr., Orland Park, Ill.
 St. Olaf - Anna E Johnson, Jr., Fridley, Minn.
 St. Olaf - Emily Segar, So., Iowa City, Iowa
 St. Olaf - Kate Solheim, So., Waconia, Minn.

Women's Soccer (56)

Augsburg - Felicia Faison, So., Minneapolis
 Augsburg - Noreen Hogan, Jr., Moline, Ill.
 Augsburg - Jackie Keller, Jr., Traverse City, Mich.
 Augsburg - Shannon Olson, Sr., Bloomington, Minn.
 Bethel - Lauren Johnson, Sr., St. Charles, Ill.
 Bethel - Kristin, Kishaba, So., Eau Claire, Wis.
 Bethel - Charli Sorensen, So., Park Ridge, Ill.
 Bethel - Jessie Tschetter, Jr., Harrisburg, S.D.
 Carleton - Nicky Bloom, So., Evanston, Ill.
 Carleton - Rebecca Dole, Sr., Boulder, Colo.
 Carleton - Maya Dusenbery, Jr., St. Paul, Minn.
 Carleton - Elizabeth Marsters, Sr., Denver, Colo.
 Carleton - Clare O'Connor, Jr., Madison, Wis.
 Carleton - Martha Polk, Jr., St. Paul, Minn.
 Carleton - Dylan Welch, Jr., San Francisco, Calif.
 Concordia - Morgan Bain, Sr., Hugo, Minn.
 Concordia - Miriam Lombardozzi, Sr., Billings, Mont.
 Concordia - Amy Ravenhorst, Sr., Albert Lea, Minn.
 Gustavus - Rachel Gieseke, So., Richfield, Minn.
 Gustavus - Tami Korb, Jr., Rapid City, S.D.
 Gustavus - Amy Larson, Sr., Bloomington, Minn.
 Gustavus - Liz Petersen, Sr., Stillwater, Minn.
 Gustavus - Shannon Quealy, Sr., Plymouth, Minn.
 Gustavus - Alison Rethwisch, Sr., Lakeville, Minn.
 Hamline - Ann Donner, Jr., Stillwater, Minn.
 Hamline - Kayla Kaiser, So., Emmett, Idaho
 Hamline - Anna McMahon, Jr., Stillwater, Minn.
 Macalester - Meghan Garrity, Jr., Walled Lake, Mich.
 Macalester - Marisa Gustafson, So., Plymouth, Minn.
 Macalester - Amy Hutchinson, Jr., Minneapolis, Minn.
 Macalester - Grace King, So., Northampton, Mass.
 Macalester - Rachel Oman, Sr., Cedar Crest, N.M.
 Saint Benedict - Rachel Lindor, Sr., Rochester, Minn.
 Saint Benedict - Rachel Loftus, So., Savage, Minn.
 Saint Benedict - Jennifer Murray, So., Rochester, Minn.
 Saint Benedict - Margaret O'Neil, Sr., Kasson, Minn.
 Saint Benedict - Kristen Perry, So., Vadnais Heights, Minn.
 Saint Benedict - Leah Schleppegrell, So., Hibbing, Minn.
 Saint Benedict - Samantha Vanderlinde, So., Maple Plain, Minn.
 St. Catherine - Nicki Kielsa, Jr., North St. Paul, Minn.
 St. Catherine - Erin Lockhart, Jr., Lincoln, Neb.
 St. Catherine - Tara Muller, Sr., Oronoco, Minn.
 St. Catherine - Mary O'Brien, Sr., Bloomington, Minn.
 St. Catherine - Halie Vosler, Sr., Spearfish, S.D.
 Saint Mary's - Emily Berg, So., Owatonna, Minn.
 Saint Mary's - Jennifer Johnson, Sr., Racine, Wis.
 Saint Mary's - Melissa Paulson, So., Ham Lake, Minn.
 Saint Mary's - Lisa Tloughan, Jr., Rochester, Minn.
 St. Olaf - Rebecca Nagel, Sr., Boulder, Colo.
 St. Olaf - Karen Thiebes, Jr., Medford, Ore.
 St. Olaf - Kelsey Watt, Sr., Apple Valley, Minn.
 St. Thomas - Sarah Balgord, Sr., Madison, Wis.
 St. Thomas - Laura Baumgardner, Jr., Monona, Wis.
 St. Thomas - Abigail Krause, So., Minneapolis, Minn.
 St. Thomas - Carrie Lauterbach, So., Appleton, Wis.
 St. Thomas - Jessica Richter, Jr., Cottage Grove, Wis.

